

## COMPANY/COMPETITIVE BALLET DANCERS & PARENTS:

### CECCHETTI BALLET EXAMS

All Cecchetti ballet exams will be held at Dance Co.

#### **EXTREMELY IMPORTANT:**

Please note that all dancers must **arrive 1 HOUR PRIOR to their exam time.**  
(Late dancers will not be allowed to participate in exams & fees will not be refunded.)

**REMINDER:** Dancers **must** wear appropriate exam attire:

◆ **Dance Co. Black Exam Bodysuit**

The bodysuit must be clean & a good fit, not too big or small. (Please ask ballet instructor or the store if you have questions.)

◆ **Ballet Pink Tights**

Girls must wear Danskin ballet pink tights and have an extra pair on hand. Tights must be clean, fit well, and have no holes.

◆ **Sansha Pink Canvas Ballet Shoes**

Dancers must wear canvas ballet slippers that are clean & well fitting. Please wash your ballet shoes prior to your exam, please see washing instructions on the reverse. Make sure that all elastics are sewn on well.

◆ **Hair & Grooming**

All dancers must wear a classical bun with a hair net and pins, instructions on the reverse. No scrunchies, barrettes, etc. may be worn. All bangs must be gelled back. Absolutely NO jewelry, watches, nail polish, tattoos, etc.

Ballet exam **fees are now due** and can be paid at the Dance Co. office.

|                   |          |
|-------------------|----------|
| Primary Exam Fee: | \$59.00  |
| Grade 3 Exam Fee: | \$104.00 |
| Grade 4 Exam Fee  | \$113.00 |
| Grade 5 Exam Fee: | \$124.00 |

If you have any questions or concerns about the ballet examinations, please ask your ballet instructor(s), Miss Stephanie, Miss Leanne, Miss Olympia, Miss Megan or Miss Vicki.

**Please see second page for exam times!** 😊

## ***Canvas Shoe Washing Instructions***

Shoes can be washed in a regular washing machine on cold

Dry on low in a regular dryer only until the shoes are slightly damp.

Put the shoes on your feet to finish drying so they will form to your feet.

## ***Ballet Bun Instructions***

Materials List:

- Hairspray or hair gel
  - Hair pins (thicker type with plastic tips)
  - Bobby pins
  - Elastic band
  - Comb & brush (fine tooth comb preferable)
  - Hair net (fine net with elastic edges. Should be same color as hair)
1. To start the process, wet your hands and the hair with water. This will give you better control over the hair. Gather the hair and pull it back. Apply hair gel if you need more control over the hair.
  2. Use a hairbrush to smooth out rough or uneven areas. Form a ponytail by brushing the hair up from the jaw line to the top part of the back of the head. This will form a high bun. The placement of the ponytail determines the placement of the bun. Mid and low buns are sometimes used with short hair. Very short hair can be done in two low side buns, or use hair clips to fasten the hair down without a bun.
  3. Use an elastic hair band to secure the ponytail. A tidy ponytail with hair drawn snugly back is the key to making a good ballet bun.
  4. Apply more water or gel to keep the hair neat, and twist the ponytail.
  5. Coil the ponytail into a tight circle.
  6. Use the hairpins all around the coil to secure it to the rest of the hair. Slide each pin through the outer part of the coil, then into the base of the bun.
  7. Wrap a fine hair net around the bun. Keep twisting and wrapping so that the hair net tightly secures the bun. Add a few more pins.
  8. With long thick hair, you may end up with a bun that will protrude too much. A flatter bun is preferable. To flatten, remove all pins; the hair net will hold the bun. Then flatten the bun and re-pin all around the bun.

For extra hold, when the bun and hair are all secure, use hairspray.

# **BALLET EXAM TIMES @ DANCE CO.**

**THURSDAY, DECEMBER 3<sup>rd</sup>**

## **PRIMARY EXAM**

|                    |                |
|--------------------|----------------|
| Kristen Guan       | 9:00 - 9:30am  |
| Kelsi Lee          | 9:00 - 9:30am  |
| Christina Feng     | 9:00 - 9:30am  |
| Maya Cardey        | 9:00 - 9:30am  |
|                    |                |
| Suzanne Liu        | 9:35 - 10:05am |
| Caitlin McCullough | 9:35 - 10:05am |
| Megan Isserow      | 9:35 - 10:05am |
| Kaitlin Levis      | 9:35 - 10:05am |

## **GRADE 4 EXAM**

|                  |                 |
|------------------|-----------------|
| Sadie Sirlin     | 10:10 - 10:45am |
| Katie Fraser     | 10:10 - 10:45am |
|                  |                 |
| Milar Menard     | 10:50 - 11:25am |
| Katlan Scragg    | 10:50 - 11:25am |
|                  |                 |
| Sally Seo        | 11:30 - 12:05pm |
| Alexis Rosenbaum | 11:30 - 12:05pm |
|                  |                 |
| Claire Hacker    | 12:50 - 1:25pm  |
| Lindsay Lo       | 12:50 - 1:25pm  |
|                  |                 |
| Emily Chinn      | 1:30 - 2:05pm   |
| Chelsea Eng      | 1:30 - 2:05pm   |

## **GRADE 5 EXAM**

|                |               |
|----------------|---------------|
| Kayla Liu      | 2:10 - 3:00pm |
| Stephanie Yu   | 2:10 - 3:00pm |
| Michelle Siy   | 2:10 - 3:00pm |
|                |               |
| Vanessa Ip     | 3:05 - 3:45pm |
| Nicole Isserow | 3:05 - 3:45pm |

## WEDNESDAY, DECEMBER 9<sup>th</sup>

### GRADE 3 EXAM

|                    |                 |
|--------------------|-----------------|
| Kate Mills         | 11:00 - 11:35am |
| Harriet Chen       | 11:00 - 11:35am |
| Jillian Speakman   | 11:40 - 12:15pm |
| Jeanette Oh        | 11:40 - 12:15pm |
| Maggie Tuer        | 1:00 - 1:45pm   |
| Gabrielle Lamarche | 1:00 - 1:45pm   |
| Janelle MacFarlane | 1:00 - 1:45pm   |

\*Dancers need to arrive at Dance Co. one-hour prior to the above listed exam times.

\*\*Please make sure you are attending your ballet classes on a regular basis.

**THANK YOU!!**